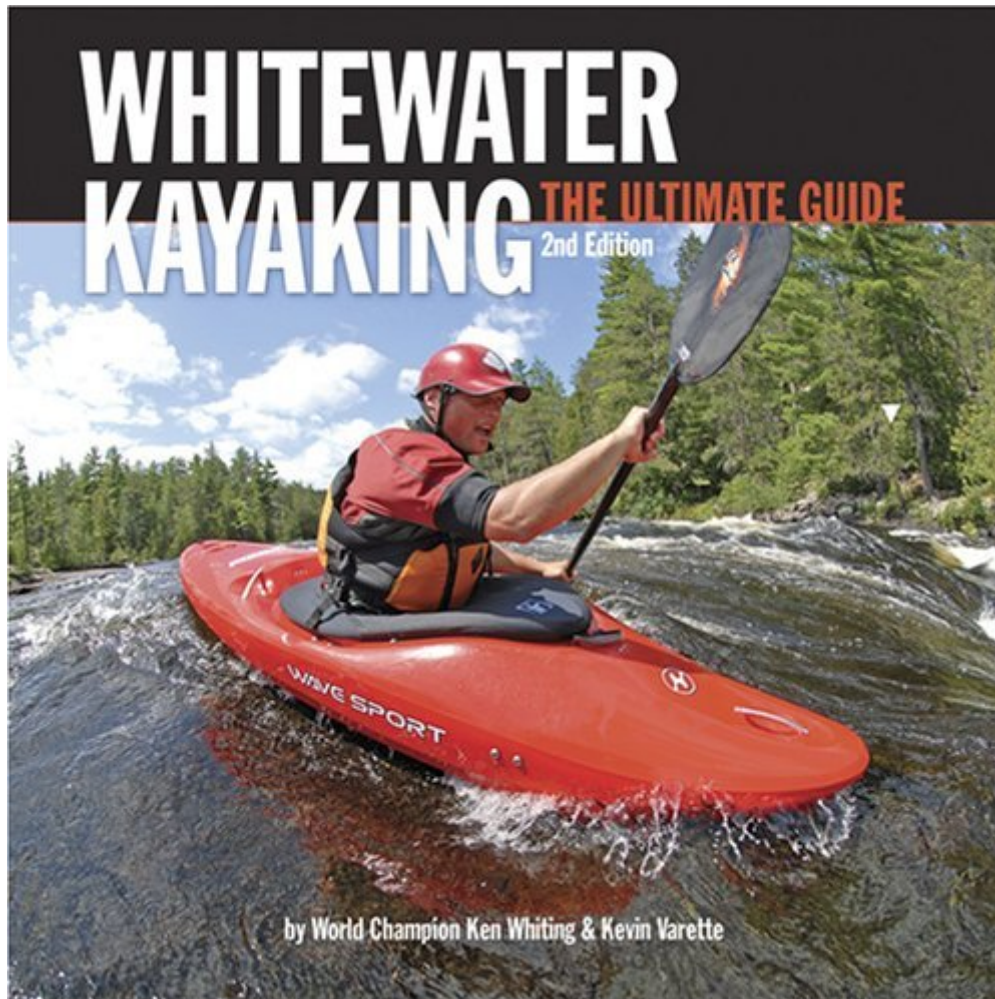


The book was found

Whitewater Kayaking: The Ultimate Guide



Synopsis

Now in its second edition, *Whitewater Kayaking: The Ultimate Guide* has become the established, definitive guide on the sport. Drawing on the combined 30+ years of experience of world-renowned paddlers and instructors Ken Whiting and Kevin Varette, this comprehensive guide covers everything from the most basic skills and concepts to the most advanced, cutting-edge paddling techniques. Whatever you need, you'll find it in this essential whitewater kayaking reference.

YOU'LL LEARN ABOUT: Choosing the right equipment
The essential strokes and paddling techniques
The art of reading whitewater
River running
River safety and rescue
Playboating
Creek boating
Paddling in big water
Surf kayaking
Squirt boating
Kayak tripping
And much more...

Book Information

File Size: 15582 KB

Print Length: 288 pages

Publisher: Heliconia Press; 2 edition (June 1, 2008)

Publication Date: June 1, 2008

Language: English

ASIN: B003PDN9XY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,058,418 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #92

in [Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Whitewater Kayaking](#) #254

in [Kindle Store > Kindle eBooks > Nonfiction > Sports > Extreme Sports](#) #482 in [Books > Sports & Outdoors > Extreme Sports](#)

Customer Reviews

I got this book as a gift when I was already a solid Class III-IV kayaker, and I was still able to learn a lot to help me improve my paddling. Ken goes into great detail on everything from river features, to basic strokes, advanced creeking and playboating to multi-day trips. This is the one book that any whitewater kayaker (of any skill level) should own. Also, if you've never been in a kayak in your life, but are interested in getting into the sport...buy this book first.

Covers a lot of bases (safety, river reading, gear, rolls etc) and also things you hear people talk about but may never try (e.g. squirt boating). Good to read around WW kayaking especially if you can't be in the water as much as you'd like. Of course no substitute to tuition and practice.

Bought this book for my husband even though he doesn't like to read. He loves this book for the information given and how it is written. Pictures are great too. He is constantly rereading it--he said it's the most helpful book he has read on kayaking ever.

I read this book while learning to roll. Recently, I just tackled my first to runs of the lower Ocoee in Tennessee. This book was a good guide and supplement to my training. It's pretty comprehensive - great for a beginner. And I still reference it now that I'm working on improving my strokes and water recognition. In all, the book was well worth it.

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